



# - 2009 - - RESULTS -

WOMEN, BY AGE GROUP & SINCLAIR FORMULA \*



## MIDDLESCHOOL GIRLS

Pl.	Lifter	Team	Wt	Snatch				Clean & Jerk				Tot.	Sinclair Form.	Age
				Sn1	Sn2	Sn3	Best	CJ1	CJ2	CJ3	Best			
1	Ruby Hamman	PINN	33.9	23	25	27	27	30	35	38	35	62	135.9	<14
2	Erica Hall	COAS	39.0	26	27	29	27	37	39	40	40	67	125.4	<14
3	Daisy Hamman	PINN	42.7	28	32	32	28	38	42	45	45	73	124.4	<14
4	Abby Silon	TSAV	44.5	28	30	32	32	38	41	44	41	73	119.5	<14
5	Steffi McCormick	TOLW	38.6	20	22	24	22	26	28	30	30	52	98.4	<14
6	Amanda DelMonte	TOLW	78.3	36	38	40	40	46	46	---	46	86	95.2	<14
7	Jennifer Garner	HERC	51.8	26	28	28	28	32	34	37	37	65	93.0	<14
8	Rachel Miller	WPKY	33.3	13	15	16	13	20	22	24	22	35	78.5	<14
9	Grace Shields	UNAT	31.4	10	12	13	12	11	13	15	13	25	60.3	<14
10	Chloe Siemer	ECGO	26.0	5	7	8	8	7	9	10	10	18	56.1	<14

## HIGHSCHOOL TEAM CHALLENGE

Pl.	Lifter	Team	Wt	Snatch				Clean & Jerk				Tot.	Sinclair Form.	Age
				Sn1	Sn2	Sn3	Best	CJ1	CJ2	CJ3	Best			
1	Katie Polakowski	VTES	59.9	47	51	54	54	60	65	68	68	122	156.9	14-19
2	Casandra Stafford	MOOR	99.0	60	65	67	67	80	85	87	85	152	156.0	14-19
3	Maggie Carson	PALM	91.4	53	57	61	61	70	75	79	75	136	142.4	14-19
4	Jerilyn Smith	BBBC	104.8	52	55	64	55	74	77	82	82	137	139.1	14-19
5	Wyndolyn Garrett	MOOR	58.7	35	40	44	44	50	55	60	60	104	135.5	14-19
6	Melissa Hill	MOOR	56.4	35	38	41	41	45	48	50	50	91	122.1	14-19
7	Candice Garrett	MOOR	59.4	35	38	41	41	47	50	52	52	93	120.2	14-19
8	Jessica Wessler	HOOS	74.7	40	43	45	45	60	60	64	60	105	118.8	14-19
9	Stephanie Ann Kirk	HOOS	63.9	37	39	40	40	52	55	57	55	95	117.0	14-19
10	Ericka Painter	HOOS	49.8	27	30	33	33	40	43	45	45	78	115.5	14-19
11	Stephanie Tronolone	URSA	47.3	31	34	36	34	40	43	43	40	74	114.4	14-19
12	Teri Hawkins	HOOS	98.6	40	40	43	43	60	65	67	67	110	113.0	14-19
13	Paige Wood	VTES	50.8	27	31	34	31	37	42	46	46	77	112.0	14-19
14	Julie Hoffregge	HOOS	53.0	30	32	35	32	40	43	45	45	77	108.2	14-19
15	Bailey Farrell	VTES	54.8	29	32	35	32	40	45	47	47	79	108.2	14-19
16	Kelsey Bean	VTES	58.0	27	31	35	31	43	47	51	51	82	107.8	14-19
17	Summer Henderson	VTES	52.2	27	30	33	33	35	38	44	38	71	101.0	14-19
18	Sarah Flaherty	VTES	60.4	22	25	25	25	35	37	40	37	62	79.2	14-19
19	Shannon Heath	VTES	65.0	20	23	26	26	35	37	40	37	63	76.8	14-19

\* All weights, including bodyweights, are provided in kilograms (kg). 1 kg = 2.205 lbs.



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## OPEN (21-34 or by request) AGE GROUP

Pl.	Lifter	Team	Wt	Snatch				Clean & Jerk				Tot.	S-M-M Form.	Age
				Sn1	Sn2	Sn3	Best	CJ1	CJ2	CJ3	Best			
1	Kendall Bass	SPOO	85.1	80	85	90	85	105	110	110	110	195	209.0	24
2	Tracy Steinberg	OKWT	74.7	75	75	80	75	90	95	100	90	165	186.7	30
3	Whitnee Maycock	SCAL	69.0	70	74	74	70	85	88	88	85	155	182.6	23
4	Laura Davie	EMOR	63.0	57	60	63	60	78	81	84	81	141	175.3	23
5	Michelle Downs	ECGO	57.0	56	58	59	58	71	73	74	73	131	174.3	21
6	Roberta Caleyly	HOUS	53.0	51	54	56	54	62	65	68	68	122	171.5	30
7	Veronica Aguila	ECGO	61.1	52	56	60	56	70	74	78	78	134	169.9	31
8	Joanna Jones	WPKY	116.2	70	72	74	74	87	89	92	89	163	163.4	33
9	Kizzi Roberts	TRAX	53.4	53	53	53	53	62	64	67	64	117	163.4	22
10	Lauren Fiske	ECGO	67.9	49	53	56	53	68	72	72	68	121	143.8	29
11	Nicole McDonald	CWLC	106.9	60	64	66	64	73	78	83	78	142	143.7	34
12	Traci Jessop	UNAT	70.3	50	53	55	53	65	65	70	65	118	137.6	23
13	Arlette Marenco	TSAC	92.6	55	55	57	57	67	72	75	72	129	134.6	20
14	Jhinoos Rajaei	METR	72.1	42	46	50	46	52	56	60	60	106	122.0	23

## MASTERS (≥35) AGE GROUP

Pl.	Lifter	Team	Wt	Snatch				Clean & Jerk				Tot.	S-M-M Form.	Age
				Sn1	Sn2	Sn3	Best	CJ1	CJ2	CJ3	Best			
1	Kerri Hanebrink Goodrich	COAS	74.1	70	75	75	70	85	87	87	87	157	202.6	40
2	Sheryl Cohen	TSAV	57.9	58	61	63	61	70	75	75	75	136	194.5	36
3	Corinne Grotenhuis	WIND	63.4	57	60	60	60	67	70	72	72	132	193.4	44
4	Jackie Mah	HASF	74.0	65	70	70	65	80	85	90	80	145	190.8	42
5	Theresa Maldonado	COAS	58.2	45	50	53	50	55	58	58	55	105	172.7	51
6	Suzanne Leathers-McCauley	COAS	73.8	57	62	62	57	72	77	80	80	137	171.5	37
7	Linda Jo Belsito	ECGO	79.3	40	45	50	50	60	65	70	70	120	168.0	52
8	Jami Willette-Brown	ECGO	57.6	38	41	43	43	57	60	62	60	103	166.8	48
9	Debbie Hudson	HERC	54.5	40	40	40	40	56	58	60	58	98	165.2	48
10	Thea Taylor	HOUS	62.7	48	50	53	50	61	65	70	65	115	162.9	40
11	Emily Lynn Klioze	OBXW	48.0	35	40	47	40	45	50	52	45	85	149.0	41
12	Heather Mearns	HERC	66.9	34	36	38	38	52	55	57	57	95	123.8	36
13	Beth Storie	OBXW	102.1	35	38	44	38	50	55	55	55	93	120.5	52
14	Michele Hanna	ECGO	67.1	30	33	33	33	40	43	43	40	73	113.0	53
15	Sharon McCusker	TSAV	62.3	32	35	35	35	40	43	45	43	78	106.1	36
16	DeeAnn Chamblee	ECGO	69.6	32	35	40	35	40	45	48	45	80	104.4	38
---	Jill Janssen	DYNA	51.8	41	43	43	41	51	53	53	---	---	---	44

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